



Nebraska Medicine

COMMUNITY HEALTH IMPROVEMENT PLAN
2019 – 2022

NebraskaMed.com

2019 - 2022 Community Health Improvement Plan

The following pages detail Nebraska Medicine's Implementation Strategy. As discussed in the above Community Health Needs Assessment Report, utilizing a survey process conducted by Professional Research Consultants (PRC), the following 11 items were identified as significant health needs in the four-county area referred to as the Omaha Metro area:

Access to Healthcare Services	Mental Health
Cancer	Nutrition, Physical Activity & Weight
Dementia, including Alzheimer's Disease	Respiratory Diseases
Diabetes	Sexually Transmitted Diseases
Heart Disease & Stroke	Substance Abuse
Injury & Violence	

Together, the Nebraska Medical Center and Bellevue Medical Center have identified three significant health needs to focus on for the 2019-2022 cycle. Those three needs are 1) Access to Healthcare, 2) Mental Health, and 3) Injury and Violence. Both hospitals in the Nebraska Medicine system will make these needs a primary focus area, with each targeting the at-risk populations served by that hospital.

The table below illustrates the community health improvement plan for addressing the significant health needs prioritized for the upcoming three year cycle. This community health improvement plan was adopted by the board of The Nebraska Medical Center and Bellevue Medical Center on October 7, 2019.

Identified Need	2019 – 2022 Goals	Implementation Activities	Anticipated Impact	Partners
<p>Access to Care</p> <p>31.7% of Omaha Metro Area adults report difficulty or delay in obtaining healthcare services in the past year*</p> <p>6.4% of Omaha Metro Area residents reported having more than one ER visits in the past year*</p>	<p>Increase availability/accessibility of doctor appointments and points of care for residents of the Omaha Metro Area, with an additional focus on expanding care for populations in Northeast Omaha</p> <p>Provide connection between patients who need assistance and community resources</p> <p>Assist patients in securing prescription medications at the lowest possible cost</p> <p>Help patients secure health insurance through assistance with the enrollment process and navigation of the healthcare marketplace</p> <p>Improve quality of life through the early detection of disease</p>	<p>Evaluate expanded access to Primary Care needs within Omaha Metro Area. Continue expansion of Immediate Care Clinics for after-hours access and treatment of minor illnesses and injuries. Expansion planned within Fontenelle Health Center in targeted area.</p> <p>Address the barrier of difficulty getting to health care appointments by working with community partners to establish a transportation support system for patients.</p> <p>Continued partnership with community organizations providing access to screenings, care and/or education.</p> <p>Utilization of Nebraska Medicine financial counselors for identification of medication assistance programs, healthcare qualification and enrollment, to include Medicaid expansion in Nebraska.</p> <p>Identify additional opportunities in established Patient Centered Medical Home (PCMH) model for further clinical integration within population health management or telehealth strategies to connect patients to screening and resources.</p> <p>Partner with area health systems to address access to health barriers from a systems perspective.</p>	<p>Reduce the % of Omaha Metro Area adults reporting difficulty obtaining healthcare services in the past year</p> <p><u>Comparison:</u> 2015 CHNA, 33.9%</p> <p>Reduce the % of Omaha Metro Area residents reporting more than one ER visits in the past year</p> <p><u>Comparison:</u> 2015 CHNA, 5.2%</p>	<p>American Cancer Society CHI Health Children’s Hospital & Medical Center Douglas County Health Department Girls, Inc. Hope Medical Outreach Coalition Nebraska Methodist Hospital Ronald McDonald House Sarpy County Health Department United Way of the Midlands University of Nebraska Medical Center</p>

Identified Need	2019 – 2022 Goals	Implementation Activities	Anticipated Impact	Partners
<p data-bbox="138 337 405 415">Injury & Violence Prevention</p> <p data-bbox="117 532 422 846">Between 2014 and 2016, there was an annual average age-adjusted fall-related mortality rate of 70.7 deaths (age 65+) per 100,000 population in the Omaha Metro Area. The U.S. rate is 60.6.*</p> <p data-bbox="117 889 422 1092">45.1% of Key Informants perceive Injury and Violence Prevention as a major problem affecting the community in the Omaha Metro Area+</p>	<p data-bbox="449 362 806 496">Reduce the number of preventable deaths related to poisoning, falls and motor vehicle accidents</p> <p data-bbox="449 574 779 709">Participate in community initiatives to reduce violent crime and build a trauma-informed community</p>	<p data-bbox="850 362 1276 639">Increase the number of educational programs and presentations to educate the community on preventable deaths. Collaborate with Nebraska Regional Poison Center on poison education programs and support of 24/7 emergency phone line.</p> <p data-bbox="850 683 1270 781">Participate in community wide initiatives to reduce violence in the Omaha Metro Area.</p> <p data-bbox="850 824 1276 1029">Provide community-based education programs, including Stop the Bleed, to prepare bystanders for trauma response and Dusk to Dawn, youth violence prevention program.</p> <p data-bbox="850 1073 1234 1170">Partner with community organizations to build a trauma-informed community.</p>	<p data-bbox="1299 354 1520 542">Reduce the average age-adjusted fall-related mortality rate for ages 65+ in the Omaha Metro Area</p> <p data-bbox="1299 581 1514 704"><u>Comparison:</u> US mortality rate, 60.6 per 100,000 population</p> <p data-bbox="1299 776 1524 964">Decrease the % reporting Injury and Violence prevention as a major problem in the Omaha Metro Area</p> <p data-bbox="1299 1003 1503 1094"><u>Comparison:</u> 2015 CHNA – Key Informants, 55.5%</p>	<p data-bbox="1549 362 1980 743">Douglas County Health Department Grief’s Journey National Safety Council of Nebraska Nebraska Regional Poison Center Omaha Police and Fire Departments Sarpy County Health Department Stop the Bleed University of Nebraska Medical Center You Turn</p>

Identified Need	2019 – 2022 Goals	Implementation Activities	Anticipated Impact	Partners
<p>Mental Health</p> <p>79.1% of Key Informants perceive Mental Health as a major problem affecting the community in the Omaha Metro Area+</p>	<p>Increase the number of health practitioners available to see patients at Nebraska Medicine</p> <p>Increase the capacity to treat patients with co-occurring mental health and substance use problems</p> <p>Decrease the stigma associated with mental illness through communication, education and community awareness</p>	<p>Continue to expand on growing services provided within Nebraska Medicine by increasing providers available within treatment areas, including the Intensive Outpatient Program, which integrates cares for individuals with addiction and psychiatric disorders.</p> <p>Implement new psychiatry emergency service (PES) to provide rapid assessment and initiation of treatment for psychiatric patients presenting to the Emergency Department. This new, separate space will provide immediate psychiatric evaluation and treatment in a calm, therapeutic environment and can provide stabilization within 24 hours without hospitalization.</p> <p>Participate in community collaborative project addressing social determinants of health and mental health issues by leveraging multisector partnerships and partnering with local community. Use this framework to identify additional future opportunities.</p> <p>Partner with community organizations to provide information, education, and research on mental health and suicide prevention.</p>	<p>Decrease the % reporting Mental Health as a major problem in the Omaha Metro Area</p> <p><u>Comparison:</u> 2015 CHNA – Key Informants, 77.5%</p>	<p>Boystown National Hotline Community Alliance Douglas County Health Department Heartland Family Service National Alliance on Mental Illness - Nebraska Sarpy County Health Department University of Nebraska Medical Center</p>